

SRC – CALABRIA ACTING SCHOOL 2026/2029 THREE-YEAR PROGRAMME · SELF-TAPE TECHNICAL INSTRUCTIONS

To complete the pre-audition, submit two videos:

1. MONOLOGUE A monologue of your choice, not a dialogue, preceded by a brief personal introduction. Maximum duration: 3 minutes.
2. POEM A poem of your choice performed from memory. Maximum duration: 1 minute 30 seconds.

TECHNICAL REQUIREMENTS

- Use a close-up or medium shot.
- Record crisp, clear audio.
- Keep your gaze aligned with the camera, as if looking at the person you are speaking to.
- Use good frontal light, natural or artificial; never backlight.
- Record horizontally, including when using a smartphone.
- Perform both the monologue and poem from memory.
- Name each file with your full name and its content.
- Each file must be smaller than 100 MB.
- Recommended format: MP4, 1080p.

After completing the aptitude questionnaire, the website displays a personal, secure upload link. Use it to upload both files in one operation. The link can be used once.

Support: src.audizioni@gmail.com · +39 371 120 5781